

Information prior to your allergy test

1. Your allergy test appointment will be with Dr Henry Konopnicki and with our nurses which are trained in allergy.
2. Your appointment will take approximately 20 mins. This appointment entails a skin prick test with various allergens placed on the inner forearm.
3. Allergy tests should not be done when your asthma is unstable or when you are generally unwell.
4. Your current medication:
 - Antihistamines e.g. Zyrtec, Claratyne, Teldane, Telfast should be stopped 5 days prior to any testing.
 - Some medications can affect your allergy test results. Please consult with your doctor, a week prior to test, if you are taking antidepressants, cold and flu tablets, medication for migraine and beta-blockers (e.g. blood pressure). Where possible and only from approval by your doctor, these medications should be stopped 4 days prior to your test.
 - Antibiotics may continue to be taken
 - Asthma medication e.g. Ventolin, Flixotide, Seretide, Pulmicort may continue to be taken
 - Nasal sprays e.g: Nasonex, Rhinocort, Avamys may continue to be taken.
5. Do not apply moisturiser to your skin on the day of your allergy test
6. Prior to the skin test the nurse will advise of the allergy test procedure
7. On completion of your allergy test, your results will be given to Dr Henry Konopnicki who will decide which form of treatment would be most suitable for you - i.e. allergen immunotherapy, medications etc.